



COMMONWEALTH POWERLIFTING FEDERATION 2026 CONGRESS MINUTES

17:00 hrs, September 17th, 2026

Holiday Inn Express, Winnipeg Airport

Member nations participating:

England – Richard Parker, Lottie Hall.

Wales – Tom Morgan, Louie Warren.

Scotland – Will Brown, Claire Tocher.

Isle of Man – Lisa Grant

India – Sathish Kumar.

Northern Ireland – Josh Bell

Canada – Vick Taylor-Hood.

New Zealand – James Schroder.

Trinidad & Tobago – Gafre-Jesu McTair, Dale Hosten.

1. President's Address – copies distributed and **ACCEPTED**.

2. Minutes of the last Congress - **ACCEPTED**.

- Matters arising
 - CPF will hold annual meetings with the IPF to ensure alignment

3. Vice President's Report. – no report

4. Treasurer's Report – copies distributed and **ACCEPTED**.

5. Interim General Secretary's Report – email report read and **ACCEPTED**.

6. Nominations: Note that although this is not an election year, these positions are vacant.

- Vice President vacancy due to Mike Armstrong standing down – Hannie Smith, South Africa nominated by South Africa –**APPOINTED** nem com.
- General Secretary due to Bil You absence – Post Meeting Note:
 - a) Expression of interest received from Gary Lacoursiere (Canada) and written application received,
 - b) Canada Powerlifting have nominated Adele Couchman.

The CPF Exec will consider both applications and make a decision.



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7. Notices of motion – none.

8. Bids for championships.

- Bid from Scottish Powerlifting for 2028 – **ACCEPTED** subject to contract.
- Bid from South Africa for 2030

9. Update to the Constitution and By-Laws: accepted with one amendment for 5.2.6

-- Multi places - General Secretary title changed to Secretary General.

Constitution

- 1.2.11 “Committee” changed to “Federation”. Commonwealth Games Federation changed to Commonwealth Sport Federation.
- Addition - 5.2.6 Failure to send at least one referee to a championship. **GBP50 amended to GBP500**
- 7.2.1.13 addition of “other”. ..every other Commonwealth.
- 7.3.6.3 addition of “Publishing on the official website shall be considered to suffice.”
- 8.2 “elect one to act as” deleted.

By Laws

3.3 Newsletter Editor – deleted

3.6.3.8 Drug test results - deleted

4.2.6 “shall” amended to “may”.

8.8 National Federations may not negotiate Television Contracts without Permission of the CPF Executive – DELETED

Appendix C - official logo (to be) updated in line with Commonwealth Sport Foundation (was CGF).

ACCEPTED

10. Hall of Fame – post meeting note:

Letter received via email post meeting from Powerlifting India nominating Mr Satish Kumar (India) –

No objections received **ACCEPTED**

11. Meeting adjourned.