



COMMONWEALTH POWERLIFTING FEDERATION 2024 CONGRESS AGENDA

Tenth Commonwealth Powerlifting and Benchpress Championships, Sun City, South Africa

KRATAN Conference Room, Convention Centre – Sun Park, Sun City, South Africa

17:00, October 3, 2024

Member nations participating:

Canada - David Hrynkow

India - PJ Joseph

Wales - Thomas Morgan

England - Paul Marsh, Lotte Hall

Scotland - William Brown, Claire Tocher

South Africa - Hannie Smith

Isle of Man - Lisa Grant

Australia - Greta Schumacher, Olivia Lannon

1. President's Address - Richard Parker - President's report - Read by Richard Parker -

- Need for expanding membership for future Championships. Encourage Oceania Nations. 2026 over 700 competitors.

2. Minutes of the last Congress for acceptance - Yes

- Matters arising
 - Proposal for South Africa to split Championships from combined 3 and Bench to split to Bench Only and 3 lift only previously in 2022 - IPF disapproved and Championships will not be split due to IPF calendar congestion

3. Vice President's Report - Regrets - Mike Armstrong - Accepted

4. Treasurer's Report - Richard Parker - Read - Accepted

5. General Secretary's Report - Bill You - Read - Accepted

6. Nominations for all Exec and Non Exec positions as this is election year (President, Gen Sec etc).

- Lotte Hall – Assistant Treasurer - Appointed
- No other nominations were received.



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- Andre Ludik - South Africa - Continuing onwards
- Abbie Bosward-Fielding - Australia - Pending

7. Notices of motion – none received

8. Bids for 2026 championships.

- Canada - Winnipeg Manitoba - Presented by David Hyrnkow - Awarded

9. Proposals/Discussion

- Report on discussions with the IPF re integration.
 - Commonwealth to join IPF in order for IPF affiliation in Commonwealth Games
 - No further reports or information from Gaston as requested
- Update to the Constitution and By-Laws - Accepted
- CPF to integrate Parapowerlifting?

10. Hall of Fame - Hannie Smith, Mike Armstrong - Accepted

11. Any Other Business

- Referees for Championships - Begin enforcing fines for nations not supplying enough/any referees. Funding major issue. Venue influences decisions.

Congress Closed 18:15 - October 03, 2024

Post Congress Note: Abbi Bosweld-Fielding accepted position Executive Oceania position