

International Powerlifting Federation
Commonwealth Womens Equipped Powerlifting Championships 2013, New Zealand, Auckland, 04.12.2013

DETAILED SCORESHEET

PL.	Lifters	Nation	Weight	WF	All Squat			All Bench press			All Dead lift			TOTAL	W.pts.	Pts.			
Subjuniors																			
- 52 kg																			
1	September Alushka	RSA	49.8	1.2885	75	77.5	80	1	50	55	62.5	1	105	115	122.5	1	250	322.12	12
- 57 kg																			
1	Leighton Megan	RSA	55.9	1.1783	70	X	X	1	45	X	X	1	100	X	X	1	215	253.3345	12

Nation (points)

1 South Africa [24] 575.455 w.pts.

Best Lifters of Subjuniors

PL.	Lifter	B.Weight	Total	W. points
1	September Alushka	49.80	250	322.12
2	Leighton Megan	55.90	215	253.33

Open

- 52 kg																			
1	McMillan Celia	NZL	51.9	1.2485	127.5	137.5	145	1	87.5	92.5	95	1	132.5	142.5	152.5	2	385	480.67	12
2	Dwarte Lee-Anne	AUS	50.3	1.2788	120	122.5	125	2	72.5	75	77.5	3	142.5	152.5	162.5	1	365	466.76	9
3	Nakai Keiko	AUS	51.7	1.2522	125	125	132.5	3	87.5	87.5	90	2	137.5	145	152.5	3	357.5	447.66	8
- 57 kg																			
1	Gevers Jeannette	AUS	56.6	1.1668	147.5	155	160	1	80	85	85	1	132.5	137.5	137.5	1	367.5	428.79	12
- 63 kg																			
1	O'Brien Vicki	AUS	62.5	1.0805	130	135	145	2	80	85	90	1	180.0 wr	190	190	1	415	448.4	12
2	Hayes Aimee	NZL	62.65	1.0785	142.5	155	162.5	1	67.5	72.5	72.5	2	132.5	142.5	152.5	2	372.5	401.75	9
- 72 kg																			
1	Leighton Sarah	CAN	71	0.9852	180	195	210	1	120	125	130	1	170	177.5	187.5	1	527.5	519.69	12
84+ kg																			
1	Donaldson Ruth	NZL	139.5	0.7781	245	215	230	1	107.5	117.5	125	1	160	180	192.5	1	527.5	410.44	12

Nation (points)

1 Australia [12+12+9+8] 1791.63 w.pts.
 2 New Zealand [12+12+9] 1292.88 w.pts.
 3 Canada [12] 519.69 w.pts.

Best Lifters of Open

PL.	Lifter	B.Weight	Total	W. points
1	Leighton Sarah	71.00	527.5	519.69

2	McMillan Celia	51.90	385	480.67
3	Dwarte Lee-Anne	50.30	365	466.76

Masters 1

- 47 kg

1	Barry Elisabeth	RSA	46.2	1.3615	95	95	102.5	1	45	50	52.5	1	120	125	130	1	280	381.22	12
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- 57 kg

1	Flanders Rikki	AUS	56.95	1.1612	117.5	117.5	125	1	60	65	65	1	130	140	140	1	320	371.58	12
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- 72 kg

1	Perry Serena	NZL	70.55	0.9895	127.5	137.5	145	1	90	92.5	95	1	132.5	145	150	1	385	380.95	12
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- 84 kg

1	Maddox Suzy	NZL	82.5	0.9	140	155	165	1	90	97.5	105	1	140	155	165	1	435	391.5	12
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Nation (points)

1	New Zealand	[12+12]	772.46 w.pts.
2	South Africa	[12]	381.22 w.pts.
3	Australia	[12]	371.58 w.pts.

Best Lifters of Masters 1

PL.	Lifter	B.Weight	Total	W. points
1	Maddox Suzy	82.50	435	391.50
2	Barry Elisabeth	46.20	280	381.22
3	Perry Serena	70.55	385	380.95

Masters 2

- 47 kg

1	Pascoe Pranee	AUS	46.7	1.3511	115	120	125	1	62.5	65	65	2	132.5	137.5	140	1	320	432.35	12
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2	Muldrock Trish	NZL	45.35	1.3794	100	107.5	110	2	65	70	73	1	122.5	130	140	2	310	427.59	9
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- 52 kg

1	Hunter Jennifer	ENG	51.75	1.2513	110	110	115	1	70	77.5	80	1	145	150	155	1	342.5	428.57	12
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- 57 kg

1	Menzies Catherine	NZL	54.85	1.1959	75	80	85	1	70	75	77.5	1	95	105	120	2	267.5	319.88	12
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—	Allen Helen	AUS	56.55	1.1676	110	110	110	Disq.	55	60	60	2	150	160	165	1	Out	—	—
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- 63 kg

1	Brightwater- Wharf Rangimaria	NZL	61.7	1.0911	115	145	155	1	82.5	85	85	1	145	160	167.5	1	395	430.98	12
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2	Brady Carol	CAN	62	1.0871	102.5	112.5	115	2	52.5	57.5	62.5	2	102.5	105	105	2	275	298.95	9
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- 84 kg

1	Balsbery Jackie	ENG	83.95	0.892	110	140	152.5	1	95	105	117.5	1	160	180	195	1	437.5	390.25	12
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2	Waiari Jasmine	NZL	82.45	0.9002	135	135	145	2	92.5	95	95	2	140	152.5	160	2	397.5	357.84	9
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Nation (points)

- 1 New Zealand [12+12+9+9] 1395.29 w.pts.
- 2 England [12+12] 818.82 w.pts.
- 3 Australia [12] 432.35 w.pts.
- 5 Canada [9] 298.95 w.pts.

Best Lifters of Masters 2

PL.	Lifter	B.Weight	Total	W. points
1	Pascoe Pranee	46.70	320	432.35
2	Brightwater- Wharf Rangimaria	61.70	395	430.98
3	Hunter Jennifer	51.75	342.5	428.57

Masters 3

- 47 kg

- 63 kg

1	Brady Carol	CAN	62	1.0871	102.5	112.5	115	2	52.5	57.5	62.5	2	102.5	105	105	2	275	298.95	9
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Nation (points)

- 1 Canada [9] 298.95 w.pts.

Best Lifters of Masters 3

PL.	Lifter	B.Weight	Total	W. points
1	Brady Carol	62.00	275	298.95

Abbreviations:

AUS = Australia

CAN = Canada

ENG = England

RSA = South Africa