

International Powerlifting Federation
Commonwealth Womens Equipped Benchpress Championships 2013, New Zealand, Auckland, 05.12.2013
SCORESHEET

PL.	Name	BY	Nation	Weight	WF	Lot	1 Att.	2 Att.	3 Att.	RESULT	W.pts.	Pts.
-----	------	----	--------	--------	----	-----	--------	--------	--------	--------	--------	------

Open

- 57 kg

1	Nakai Keiko	1976	AUS	53.20	1.2248	6	85	92.5	400	92.5	113.29	12
---	-------------	------	-----	-------	--------	---	----	------	-----	------	--------	----

Nation (points)

1	Australia	12	[12]	113.29 w.pts.
---	-----------	----	------	---------------

Best Lifters of Open

PL.	Lifter	Nation	B.Weight	WF	Result	W. points
1	Nakai Keiko	Australia	53.20	1.2248	92.5	113.29

Masters 2

- 47 kg

1	Muldrock Trish	1954	NZL	45.55	1.3752	5	65	67.5	73	67.5	92.82	12
---	----------------	------	-----	-------	--------	---	----	------	----	------	-------	----

- 57 kg

1	Menzies Catherine	1960	NZL	54.70	1.1985	3	67.5	72.5	75	75	89.88	12
---	-------------------	------	-----	-------	--------	---	------	------	----	----	-------	----

- 63 kg

1	Cadman Colleen	1954	NZL	63.00	1.074	7	70	70	75	75	80.55	12
2	Myers Susan	1959	AUS	61.05	1.1	10	60	65	70	65	71.50	9

Nation (points)

1	New Zealand	36	[12+12+12]	263.26 w.pts.
2	Australia	9	[9]	71.50 w.pts.

Best Lifters of Masters 2

PL.	Lifter	Nation	B.Weight	WF	Result	W. points
1	Muldrock Trish	New Zealand	45.55	1.3752	67.5	92.82
2	Menzies Catherine	New Zealand	54.70	1.1985	75	89.88
3	Cadman Colleen	New Zealand	63.00	1.0740	75.0	80.55

Abbreviations:

AUS = Australia

NZL = New Zealand