

International Powerlifting Federation
Commonwealth Mens Equipped Benchpress Championships 2013, New Zealand, Auckland, 05.12.2013
SCORESHEET

PL.	Name	BY	Nation	Weight	WF	Lot	1 Att.	2 Att.	3 Att.	RESULT	W.pts.	Pts.
Subjuniors												
- 66 kg												
1	Tshegofatso Dladla	1997	RSA	65.90	0.7862	11	85	440	440	85	66.82	12
- 83 kg												
1	Akua Hammer	1996	NRU	75.80	0.7074	13	130	150	470	150	106.11	12
Nation (points)												
1	Nauru	12	[12]	106.11 w.pts.								
2	South Africa	12	[12]	66.83 w.pts.								
Best Lifters of Subjuniors												
PL.	Lifter	Nation		B.Weight	WF	Result			W. points			
1	Akua Hammer	Nauru		75.80	0.7074	150			106.11			
2	Tshegofatso Dladla	South Africa		65.90	0.7862	85			66.82			
Juniors												
- 66 kg												
1	Matisima Sonsy	1991	NRU	64.30	0.8025	8	110	112.5	145	145	116.36	12
- 93 kg												
1	Briguglio Justin	1990	AUS	87.45	0.6481	14	185	210	245	210	136.10	12
Nation (points)												
1	Australia	12	[12]	136.10 w.pts.								
2	Nauru	12	[12]	116.36 w.pts.								
Best Lifters of Juniors												
PL.	Lifter	Nation		B.Weight	WF	Result			W. points			
1	Briguglio Justin	Australia		87.45	0.6481	210			136.10			
2	Matisima Sonsy	Nauru		64.30	0.8025	145			116.36			
Open												
- 66 kg												
1	Cadden Dominic	1980	AUS	65.95	0.7857	6	170	175.0 c/or	480	175	137.49	12
2	Benjamin Brisko	1980	NRU	65.90	0.7862	4	130	145	470	145	113.99	9
- 83 kg												
1	Briguglio David	1988	AUS	82.00	0.6724	16	190	200	207.5	207.5	139.52	12
2	Bester Pieter	1989	RSA	81.70	0.6739	21	192.5	497.5	200	192.5	129.72	9
- 93 kg												
1	Hubert Rint	1981	NRU	89.60	0.6398	15	490	190	200	200	127.96	12

- 105 kg

1	Parsons Scott	1978	NZL	100.95	0.6063	24	225	235	245	245	148.54	12
2	Brechtefeld Elvin	1978	NRU	104.10	0.5994	25	245	245	260	245	146.85	9
3	Singh Gary	1978	NZL	100.85	0.6066	27	207.5	245	215	215	130.40	8

- 120 kg

1	Tsiode James	1981	NRU	116.95	0.5736	28	230	240	250	250	143.38	12
2	Benjamin Duxe Armstrong	1979	NRU	114.15	0.5822	38	215	225	225	215	125.17	9
—	Gle Andries	1980	RSA	116.70	0.5788	34	240	240	240	—	Out	—

120+ kg

1	Nolan Eugene	1989	RSA	150.40	0.5531	35	252.5	252.5	252.5	252.5	139.65	12
—	Baxter Nathan	1977	AUS	157.55	0.5494	29	300	300	300	—	Out	—

Nation (points)

1	Nauru	51	[12+12+9+9+9]	657.35 w.pts.
2	Australia	24	[12+12]	277.02 w.pts.
3	South Africa	21	[12+9]	269.38 w.pts.
4	New Zealand	20	[12+8]	278.95 w.pts.

Best Lifters of Open

PL.	Lifter	Nation	B.Weight	WF	Result	W. points
1	Parsons Scott	New Zealand	100.95	0.6063	245	148.54
2	Brechtefeld Elvin	Nauru	104.10	0.5994	245	146.85
3	Tsiode James	Nauru	116.95	0.5736	250	143.38

Masters 1**- 66 kg**

1	Rodgers Pere	1973	NZL	65.05	0.7947	7	155	160	467.5	160	127.15	12
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- 105 kg

1	Thomas Vincent	1968	AUS	102.80	0.6021	30	232.5	240	242.5	240	144.50	12
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- 120 kg

1	Hanara Dimi	1972	NZL	119.05	0.576	31	240	246.0 or	252.0 or	252	145.15	12
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120+ kg

1	Wilkinson Murray	1968	AUS	134.60	0.5622	32	165	185	200	185	104.00	12
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Nation (points)

1	New Zealand	24	[12+12]	272.30 w.pts.
2	Australia	24	[12+12]	248.51 w.pts.

Best Lifters of Masters 1

PL.	Lifter	Nation	B.Weight	WF	Result	W. points
1	Hanara Dimi	New Zealand	119.05	0.576	252	145.15
2	Thomas Vincent	Australia	102.80	0.6021	240	144.50
3	Rodgers Pere	New Zealand	65.05	0.7947	160	127.15

Masters 3**- 83 kg**

1	Thomas Tony	1945	NZL	81.25	0.6762	18	115	120	125	125	84.51	12
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- 93 kg

1	Slinger Malcom	1945	AUS	89.65	0.6397	19	450	150	455	150	95.94	12
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- 105 kg

1	Blowes Allan	1944	NZL	94.95	0.6221	3	105	110	445	110	68.43	12
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Nation (points)

1	New Zealand	24	[12+12]	152.96 w.pts.
2	Australia	12	[12]	95.95 w.pts.

Best Lifters of Masters 3

PL.	Lifter	Nation	B.Weight	WF	Result	W. points
1	Slinger Malcom	Australia	89.65	0.6397	150	95.94
2	Thomas Tony	New Zealand	81.25	0.6762	125	84.51
3	Blowes Allan	New Zealand	94.95	0.6221	110	68.43

Abbreviations:

AUS = Australia

NRU = Nauru

NZL = New Zealand

RSA = South Africa