

International Powerlifting Federation
Commonwealth Mens Equipped Powerlifting Championships 2013, New Zealand, Auckland, 04.12.2013

DETAILED SCORESHEET

PL.	Lifters	BY	Nation	Weight	All Squat		All Bench press			All Dead lift			TOTAL	W.pts.	Pts.				
Subjuniors																			
- 74 kg																			
1	Beresford Paul	1996	RSA	69.95	140	140	1	100	100	1	180	200	210	1	450	337.41	12		
- 83 kg																			
1	Van Tonder Heinrich	1995	RSA	82.3	160	172.5	1	105	110	1	190	210	X	1	495	332.09	12		
- 105 kg																			
1	Klopper Andre	1995	RSA	101.7	225	245	1	125	135	1	200	225	240	1	620	374.85	12		
Nation (points)																			
1	South Africa	36	[12+12+12]	1044.36 w.pts.															
Best Lifters of Subjuniors																			
PL.	Lifter	Nation		B.Weight	Total		W. points												
1	Klopper Andre	South Africa		101.70	620		374.85												
2	Beresford Paul	South Africa		69.95	450		337.41												
3	Van Tonder Heinrich	South Africa		82.30	495		332.09												
Juniors																			
- 66 kg																			
1	Sperling William	1991	NZL	60.8	160	180	X	1	90	110	115	1	160	180	200	1	455	383.42	12
- 74 kg																			
1	Thomas Andrew	1994	NZL	72.25	230	240	X	1	195	195	195.0 c/or	1	230	245	257.5	2	680	497.65	12
2	De Lacey Harry	1993	NZL	73.6	200	210	217.5	3	115	120	122.5	3	240	252.5	257.5	1	597.5	431.45	9
3	Bruce Christopher	1991	RSA	72.75	180	220	235	2	120	127.5	132.5	2	210	220	232.5	3	595	433.24	8
- 83 kg																			
1	Gibbs Brett	1991	NZL	82.75	325	340	355	1	215	X	X	1	280	300	300	1	835	558.36	12
- 93 kg																			
1	Matthews Sam	1992	NZL	89.1	250	265	275	1	162.5	167.5	167.5	1	215	225	235	1	672.5	431.54	12
- 105 kg																			
1	Seth Jing	1991	NZL	97.85	240	252.5	265	1	155	162.5	167.5	2	250	265	272.5	1	700	429.83	12
2	Deireragea Frazer	1991	NRU	100.9	210	230	245	2	170	185	200	1	190	230	247.5	3	675	409.32	9
3	Lyons- White Sam	1991	NZL	101.45	230	245	245	3	152.5	160	165	3	220	245	255	2	660	399.39	8
Nation (points)																			
1	New Zealand	60	[12+12+12+12+12]	2300.80 w.pts.													2300.8		
2	Nauru	9	[9]	409.32 w.pts.															
3	South Africa	8	[8]	433.25 w.pts.															
Best Lifters of Juniors																			
PL.	Lifter	Nation		B.Weight	Total		W. points												
1	Gibbs Brett	New Zealand		82.75	835		558.36												
2	Thomas Andrew	New Zealand		72.25	680		497.65												
3	Bruce Christopher	South Africa		72.75	595		433.24												
Open																			
- 66 kg																			
1	Cadden Dominic	1980	AUS	65.3	217.5	227.5	230	1	170.0 cr	172.5 cr	175	1	215	230.0 or	237.5	1	640	507	12

- 74 kg

1	Anderson Daniel	1982	AUS	73.25	245	255	265	1	167.5	175	185	1	245	260	270	1	690	499.93	12
2	Dowabobo Malgram	1987	NRU	73.2	240	240	240	2	130	140	142.5	2	227.5	227.5	227.5	Disq.	Out	—	—

- 83 kg

1	Gardyne Matthew	1988	NZL	81.7	240	255	265	1	155	155	182.5	3	240	255	262.5	1	672.5	453.19	12
2	Ridings Joel	1989	AUS	82.8	220	240	250	3	140	160	165	2	215	240	257.5	3	650	434.52	9
3	Evill Tom	1989	AUS	81.7	220	230	235	4	120	127.5	130	4	260	290	290	2	622.5	419.5	8
—	Rykers Andrew	1989	NRU	81.25	250	250	260	2	190	205	212.5	1	250	250	250	Disq.	Out	—	—

- 93 kg

1	Roland Raboe	1981	NRU	91.9	260	275	275	1	200	215	222.5	1	220	235	250	1	732.5	462.79	12
---	--------------	------	-----	------	-----	-----	-----	---	-----	-----	-------	---	-----	-----	-----	---	-------	--------	----

- 105 kg

1	Jame David	1981	AUS	104.65	330	340	345	1	172.5	177.5	180	2	280	300	310	1	835	499.58	12
2	Huxley Richard	1982	AUS	101.2	280	280	280	2	220	230	237.5	1	280	290	302.5	2	812.5	492.13	9

- 120 kg

1	Radich Jono	1987	NZL	118.3	320	337.5	350	1	210	217.5	222.5	2	300	312.5	320	1	892.5	514.88	12
2	Benjamin Duxe Armstrong	1979	NRU	114.05	270	290	300	2	210	220	225	1	260	280	285	2	795	462.96	9

120+ kg

1	Uepa Jezza	1980	NRU	162.55	410.0 c/or	X	X	1	270	300	300	1	280	X	X	1	960	525.02	12
2	Adnan Muhammadabdul	1983	PAK	132.75	160	200	200	3	130	140	150	2	160	180	200	2	510	287.41	9
—	Baxter Nathan	1977	AUS	158.8	305	315	320	2	320	320	320	Disq.	X	X	X	Disq.	Out	—	—

Nation (points)

1	Australia	54	[12+12+12+9+9]	2433.16 w.pts.
2	Nauru	33	[12+12+9]	1450.77 w.pts.
3	New Zealand	24	[12+12]	968.08 w.pts.
4	Pakistan	9	[9]	287.41 w.pts.

Best Lifters of Open

PL.	Lifter	Nation	B.Weight	Total	W. points
1	Uepa Jezza	Nauru	162.55	960	525.02
2	Radich Jono	New Zealand	118.30	892.5	514.88
3	Cadden Dominic	Australia	65.30	640	507.00

Masters 1**- 83 kg**

1	Cheung David	1965	AUS	80.65	215	225	235	1	142.5	145	150	1	220	235	242.5	1	622.5	422.83	12
---	--------------	------	-----	-------	-----	-----	-----	---	-------	-----	-----	---	-----	-----	-------	---	-------	--------	----

- 93 kg

1	Muir Sean	1970	AUS	93	230	242.5	245	1	145	152.5	160	2	240	262.5	262.5	1	637.5	400.47	12
2	Metuanooraroa Goody	1969	NZL	91.2	180	195	225	2	140	145	152.5	1	180	185	200	2	547.5	347.22	9

- 105 kg

1	Dunford David	1967	NZL	101.85	290	300	310	1	200	210	210	2	275	285	X	1	775	468.29	12
2	Thomas Vincent	1968	AUS	102.35	245	260	270	2	230	237.5	242.5	1	235	240	X	2	747.5	450.81	9

- 120 kg

1	Cosmo Matthew	1971	RSA	115.9	285	305	305	1	225	235	235	1	260	275	275	2	800	463.92	12
2	Middleton Phil	1972	NZL	113.2	265	285	300	2	185	195	205	2	250	270	285	1	780	455.2	9

120+ kg

1	Simanu Reuben	1971	NZL	159.15	330	350	372.5	1	260	267.5	275	1	250	280	302.5	2	920	504.75	12
2	Old Keith	1964	NZL	134.4	285	305	312.5	2	240	245	245	2	250	275	285	1	835	469.6	9

Nation (points)

1	New Zealand	42	[12+12+9+9]	1897.86 w.pts.
---	-------------	----	-------------	----------------

2 Australia	21	[12+12+9]	1198.51 w.pts.
3 South Africa	12	[12]	463.92 w.pts.
4 Australia Oceania	12	[12]	422.83 w.pts.

Best Lifters of Masters 1

PL.	Lifter	Nation	B.Weight	Total	W. points
1	Simanu Reuben	New Zealand	159.15	920	504.75
2	Old Keith	New Zealand	134.40	835	469.60
3	Dunford David	New Zealand	101.85	775	468.29

Masters 2

- 74 kg

1	Ottolangui Allen	1960	ENG	74	210	225	235	1	125	130	X	1	200	215	235	2	570	410	12
2	Myers John	1956	AUS	72.65	190	210	225	2	100	110	447.5	2	200	223.0 or	241.0 or	1	561	408.91	9

- 83 kg

1	King Stephen	1962	NZL	82.55	225	245	261.0 c/or	1	112.5	117.5	120	1	200	215	222.5	1	603.5	404.13	12
---	--------------	------	-----	-------	-----	-----	------------	---	-------	-------	-----	---	-----	-----	-------	---	-------	--------	----

- 93 kg

1	Hunt Peter	1957	NZL	91.75	240	240	250	1	152.5	160	465	1	255	265.0 or	270.0 or	1	680	429.96	12
---	------------	------	-----	-------	-----	-----	-----	---	-------	-----	-----	---	-----	----------	----------	---	-----	--------	----

120+ kg

1	Breiter Kevin	1959	CAN	136.6	190	210	230	1	190	205	240	1	190	205	210	1	645	361.78	12
---	---------------	------	-----	-------	-----	-----	-----	---	-----	-----	-----	---	-----	-----	-----	---	-----	--------	----

Nation (points)

1 New Zealand	24	[12+12]	834.10 w.pts.
2 England	12	[12]	410.00 w.pts.
3 Canada	12	[12]	361.78 w.pts.
4 Australia	9	[9]	408.91 w.pts.

Best Lifters of Masters 2

PL.	Lifter	Nation	B.Weight	Total	W. points
1	Hunt Peter	New Zealand	91.75	680	429.96
2	Ottolangui Allen	England	74.00	570	410.00
3	Myers John	Australia	72.65	561	408.91

Masters 3

- 66 kg

1	Bristow Max	1944	AUS	64.75	440	140	150	1	75	80	85	2	200	215	225	1	460	#REF!	12
---	-------------	------	-----	-------	-----	-----	-----	---	----	----	----	---	-----	-----	-----	---	-----	-------	----

- 83 kg

1	McKenna Tony	1952	NZL	81.9	180	X	X	1	130	X	X	1	200	X	X	1	510	343.17	12
---	--------------	------	-----	------	-----	---	---	---	-----	---	---	---	-----	---	---	---	-----	--------	----

120+ kg

1	Tau Willie	1952	NZL	139.75	230	240	250	1	160	170	480	1	180	200	210	1	620	346.54	12
---	------------	------	-----	--------	-----	-----	-----	---	-----	-----	-----	---	-----	-----	-----	---	-----	--------	----

Nation (points)

1 New Zealand	24	[12+12]	689.71 w.pts.	689.71
2 Australia	12	[12]	366.988 w.pts.	

Best Lifters of Masters 3

PL.	Lifter	Nation	B.Weight	Total	W. points
1	Bristow Max	Australia	64.75	450	359.01
2	Tau Willie	New Zealand	139.75	620	346.54
3	McKenna Tony	New Zealand	81.90	510	343.17

Masters 4**- 66 kg**

1	Park Bruce	1937	NZL	64.75	120	130	X	2	82.5	87.5	92.5	1	172.5	185	197 w4	2	414.5	330.688	12
---	------------	------	-----	-------	-----	-----	---	---	------	------	------	---	-------	-----	--------	---	-------	---------	----

Nation (points)

1	New Zealand Comm/Oceania	12	[12]	330.688 w.pts.
---	--------------------------	----	------	----------------

Best Lifters of Masters 4

PL.	Lifter	Nation	B.Weight	Total	W. points
1	Park Bruce	New Zealand	64.75	414.5	330.69

Abbreviations:

AUS = Australia

CAN = Canada

ENG = England

NRU = Nauru

NZL = New Zealand

PAK = Pakistan

RSA = South Africa