

Preliminary : 12th July 2017	Final : 20th August 2017	Last day to cancel the booked hotel rooms and ordered the banquet tickets : 27th August 2017
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Sanction by the International Powerlifting Federation & Commonwealth Powerlifting Federation the South African Powerlifting Federation
 Invite's all the member nations to participate in the
**5 th WOMEN'S & MEN'S OPEN, SUB/JNR, JUNIOR & MASTERS
 COMMONWEALTH RAW & EQUIPPED POWERLIFTING & RAW & EQUIPPED
 BENCH PRESS CHAMPIONSHIPS 2017**

The final nomination form must be sent to:

Meet Director: Johan (Hannie) Smith - email: hannie@lagayim.co.za
 Cell: +27 82 5663433 Fax +27 86 5243879 - Cell: +27 82 6419612

Correspondence & Visa support: Vicki Botha email: hannie@lagayim.co.za
 Cell; +27824473848 fax; +27865243879

Nominations: Johan (Hannie) Smith - email: hannie@lagayim.co.za
 Cell: +27 82 5663433 Fax +27 86 5243879 - Cell: +27 82 6419612

Transportation: Vicki Botha email: hannie@lagayim.co.za
 Cell; +27824473848 fax; +27865243879

Accommodation Helen de Wet. Email: elgrores@iafrica.com Tel: +27 18 2975411
 Fax: +27 86 646 3689

Submitted by : _____ National Powerlifting Federation/Association

Submitting officer : _____ Title : _____ Date :

Teammanager : _____ **Head Coach:** _____

Referee 1 : _____ Cat : _____ Available for categories : _____

Referee 2 : _____ Cat : _____ Available for categories : _____

Referee 3 : _____ Cat : _____ Available for categories : _____

Referee 4 : _____ Cat : 1 Available for categories : Only for Jury in case of insufficient of Cat. referees

Each referee must state for which categories he/she will be free from other duties (coach, lifter) in column "Available" for categories". He/she must referee in the stated categories if he/she is nominated by Technical committee for these classes.

If available categories are not stated, he/she is obliged to referee in categories decided by the Technical official.

Women M4

WADA

Class	Family Name	First Name	Birthday	SQ	BP	DL	TOTAL	ADAMS ID#

Reserve lifters.

Address for contact:

Name :		Street :		Zipcode :	
City :		Country :		Phone :	
Fax :		E-mail :			

2. ACCREDITATION FOR FEDERATION TEAM LEADERS

Full and complete Name of team leaders:

Please note: Team leaders **must** sit in the audience until they are reason for them to go to the warm up / wrapping area.

3. ACCREDITATION FOR FEDERATION ASSISTANT COACHES

Full and complete name of each assistant coach

Federation title

